

**GANG RESOURCES FOR
PREVENTION/EARLY
INTERVENTION**

Comprehensive
resources to
combat gang
involvement and
other delinquencies



THE PHOENIX CURRICULUM

A.R. Phoenix Resources, Inc. - www.phoenixcurriculum.com

CBT-based, MI-enabled resources for School Systems, Alternative Schools, Day Reporting, Summer Programs, and After School Programs

Welcome to the Phoenix Curriculum Program

Proven Techniques To Help Kids At Risk

Built on a proven motivational interviewing (MI) and cognitive behavioral therapy (CBT) model, The Phoenix Curriculum reduces resistance, builds student participation, and guides the process of change. Problem solving skills and coping skills for avoidance, escape, refusal, or resistance follow a proven social learning model, with the critical goal of increasing individual self-efficacy. Students who use these materials will be able to:

- recognize high-risk people, places, things, and situations
- use specific techniques to handle these risk effectively
- demonstrate competence in problem solving and avoidance, feelings management • (self-monitoring and emotional intelligence), and impulse control
- identify and engage critical protective factors or assets, including developing a network • of safe and supportive people
- develop pro-social values and behaviors, such as the selection of pro-social • friends, empathy for others, the development of positive goals, involvement with a personal support system, participation in positive community organizations and activities

At the end of the program, at-risk kids will have a detailed action plan identifying specific individuals, programs and activities which will support their positive efforts—and supplant inappropriate or dangerous people, places, things, situations or other high risk factors.



PHOENIX CURRICULUM PROGRAM MATERIALS

Core Prevention Curriculum for elementary, middle school and high school students (materials available for Grades 4-10). These materials are designed to be used in-school, and are linked to state core competency standards.

These materials are designed for ease of implementation and use, and include specific objectives and outcomes for all lessons. They are carefully tailored to each age group's reading level and developmental needs.

THE CORE PREVENTION CURRICULUM

The Core Program consists of five elements with age-appropriate problems and activities:

(1) What's Important To You?

Motivational enhancement

(2) Understanding Your Feelings

emotional intelligence

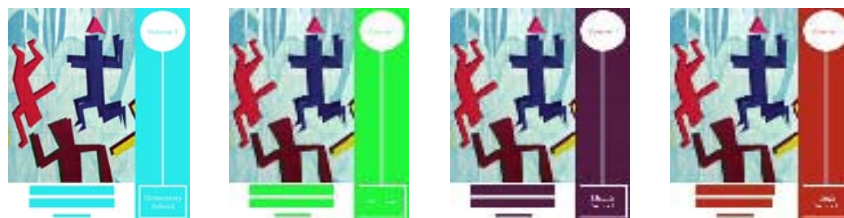
(3) Problem Solving

addressing high risk people, places, things, situations, thoughts, and feelings

(4) Risk Factors & (5) Protective Factors

gangs, alcohol, drugs, peer pressure, etc.

The Core Program for each grade level includes approximately 50 hours of lessons — nearly 400 pages of resources! Detailed lesson plans, behaviorally-stated objectives for each lesson, review elements, and pre-post measures are also provided.



The Phoenix Curriculum Core Program (from left to right) Elementary School, Grade 6, Middle School, and High School. Materials are color-coded by grade.

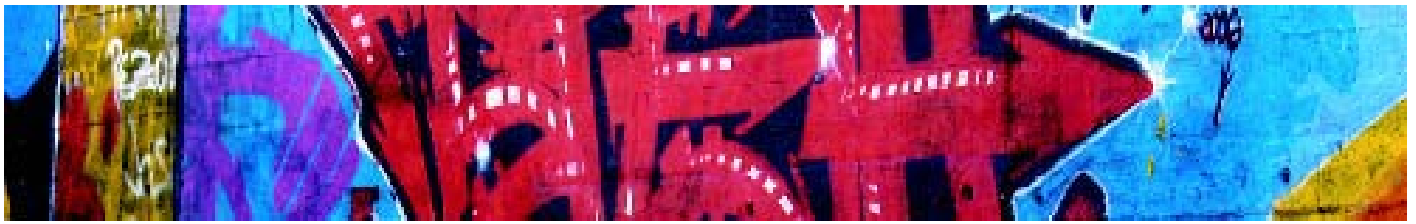
Price: \$1995 for approximately 50 hours of material per grade level. A 25-hour program is also available for \$995.

SPANISH: CURRICULO PHOENIX

25 hours of Phoenix Curriculum materials in Spanish with lesson planning material in English. \$995

PARENTS CURRICULUM

Support and educational materials for one of the most influential forces in a child's life! Available in English and Spanish.
1-3 program hours—\$155



GANG AWARENESS

These resources demonstrate that staying out of gangs is a real option, and provide specific techniques and skills to use in avoiding and resisting gangs.

6 program hours for \$240. Appropriate for elementary school and grade 6.



RISKS & DECISIONS - COMMUNITY PROGRAM

This flexible, open group program presents 30 fully-scripted lessons organized around groups of the most common risk factors for juvenile delinquency, including gang involvement. Includes practice in key self-management skills and links to helpful protective factors. Several lessons include DVD-based material. Available in both male and female versions as well as residential and community versions.



\$1,495

DELINQUENCY RISK FACTORS FOR HIGH RISK YOUTH

These three 10-session units feature detailed analysis of external and internal risk factors for juvenile delinquency and other high risk behaviors, the development of key coping and refusal skills, and the development of protective factors and safety nets. Supports programs in open group/open admissions settings, detention centers, residential facilities, day reporting programs, and alternative schools for high risk youth. Includes motivational interviewing (MI) and change-focused resources, as well as summary and documentation elements.



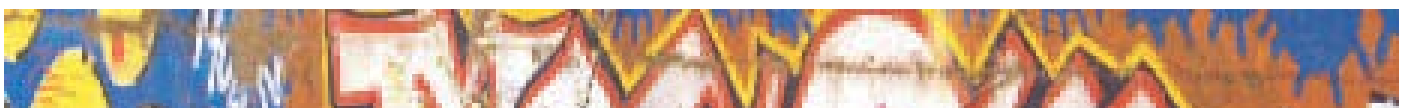
\$1,995

DVD-BASED YOUTH GANG INTERVENTION RESOURCE

This 12 session unit is based on four DVDs, and features video clips of incarcerated youth discussing their involvement in crime and gang activity, their risk factors, and how they see their futures. The resources include helpful change-focused discussion and problem-solving elements.



\$1,495



FILMS

Films come with an accompanying workbook. Scenes from films can be selectively screened, at the teacher's or counselor's discretion, to students, depending on their individual or the group's circumstances.

 <p>\$295</p>	<p style="text-align: center;"><u>STORIES FROM THE STREETS</u></p> <p>Stories From The Streets shows life stories of young gang members who end up in prison. Members of different gangs, including the Bloods, Crips, and Latin Kings, are interviewed. The package includes a workbook and DVD containing three scenarios,</p>
 <p>\$295</p>	<p style="text-align: center;"><u>KIDS AT RISK</u></p> <p>Kids at Risk features gang members describing 14 individual risk factors in their own words. Workbook activities address each risk factor and lead to action plans to minimize those risks. DVD designed for counselors to use flexibly and to select individual risk factors for classroom or group use.</p>
 <p>\$295</p>	<p style="text-align: center;"><u>GANG ISSUES</u></p> <p>The Gang Issues video addresses issues such as the decision to join, violent initiations, the experience and consequences of using violence, the consequences of drug dealing, and the experience of incarceration. Interviews with youthful incarcerated gang members provide a powerful starting point for group discussion and use of the supplemental workbook.</p>
 <p>\$250</p>	<p style="text-align: center;"><u>CHOICES</u></p> <p>The Choices DVD asks students to examine their lives by comparing their lives to the stories of kids who have been incarcerated. The resource is designed for younger audiences. Students will identify what is important in their lives. They will be given positive reasons to consider staying in school and avoiding drugs, gangs, and violence. The DVD is designed for group discussion in a classroom setting and includes a workbook.</p>

Request a complimentary copy of the promotional DVD highlighting important concepts from each film

